

DAFTAR ISI

HALAMAN JUDUL.....	i
HALAMAN PENGESAHAN.....	ii
HALAMAN PERSETUJUAN.....	Error! Bookmark not defined.
LEMBAR PERNYATAAN KEASLIAN PENELITIAN.....	Error! Bookmark not defined.
KATA PENGANTAR	Error! Bookmark not defined.
ABSTRAK.....	Error! Bookmark not defined.
<i>ABSTRACT</i>	Error! Bookmark not defined.
DAFTAR ISI.....	1
DAFTAR GAMBAR	4
DAFTAR TABEL.....	5
DAFTAR LAMPIRAN.....	6
DAFTAR ARTI LAMBANG, SINGKATAN DAN ISTILAH.....	Error! Bookmark not defined.
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
1.1 Latar Belakang.....	Error! Bookmark not defined.
1.2 Rumusan Masalah.....	Error! Bookmark not defined.
1.3 Tujuan dan Manfaat Penelitian.....	Error! Bookmark not defined.
1.3.1. Tujuan Umum	Error! Bookmark not defined.
1.3.2. Tujuan Khusus	Error! Bookmark not defined.
1.4 Manfaat Penelitian	Error! Bookmark not defined.
1.4.1. Bagi Penulis	Error! Bookmark not defined.
1.4.2. Bagi Universitas Islam Lamongan.....	Error! Bookmark not defined.
1.4.3. Bagi Masyarakat	Error! Bookmark not defined.
1.5 Pembatasan Masalah.....	Error! Bookmark not defined.
BAB II TINJAUAN PUSTAKA	Error! Bookmark not defined.
2.1 Udara.....	Error! Bookmark not defined.
2.1.1 Pengertian udara.....	Error! Bookmark not defined.
2.1.2 Pencemaran udara	Error! Bookmark not defined.
2.2 Karbon monoksida.....	Error! Bookmark not defined.
2.2.1 Sumber gas karbon monoksida CO.....	Error! Bookmark not defined.

2.2.2	Proses gas karbon monoksida CO....	Error! Bookmark not defined.
2.2.3	Bahaya karbon monoksida CO bagi kesehatan	Error! Bookmark not defined.
2.3	Karboksihemoglobin (COHb)	Error! Bookmark not defined.
2.4	Rokok.....	Error! Bookmark not defined.
2.4.1	Kandungan Rokok	Error! Bookmark not defined.
2.4.2	Bahaya Merokok Bagi Kesehatan....	Error! Bookmark not defined.
2.4.3	Perbedaan Rokok Kretek Dan Non Kretek	Error! Bookmark not defined.
2.5	Faktor yang mempengaruhi dampak kesehatan akibat merokok	Error! Bookmark not defined.
2.5.1	Jenis kelamin.....	Error! Bookmark not defined.
2.5.2	Umur perokok	Error! Bookmark not defined.
2.5.3	Kebiasaan merokok.....	Error! Bookmark not defined.
2.5.4	Jumlah rokok yang dikonsumsi dalam ruangan	Error! Bookmark not defined.
2.5.5	Status gizi.....	Error! Bookmark not defined.
2.6	Jenis-jenis tanaman yang dapat mereduksi kadar karbon monoksida (CO)	Error! Bookmark not defined.
2.6.1	Tanaman <i>Sansevieria trifasciata laurantii</i>	Error! Bookmark not defined.
2.6.2	Tanaman <i>Sansevieria trivasciata</i>	Error! Bookmark not defined.
2.7	Klasifikasi tumbuhan	Error! Bookmark not defined.
2.8	Penelitian terdahulu	Error! Bookmark not defined.
2.9	Hipotesis Penelitian	Error! Bookmark not defined.
BAB III METODE PENELITIAN		Error! Bookmark not defined.
3.1	Kerangka Konseptual Penelitian.....	Error! Bookmark not defined.
3.2	Lokasi dan Waktu Penelitian	Error! Bookmark not defined.
3.2.1	Lokasi Penelitian.....	Error! Bookmark not defined.
3.2.2	<i>Layout</i> Ruang Merokok.....	Error! Bookmark not defined.
3.2.3	Waktu Penelitian.....	Error! Bookmark not defined.
3.3	Variabel Penelitian.....	Error! Bookmark not defined.
3.4	Definisi Operasional	Error! Bookmark not defined.
3.5	Teknik dan Instrumen Pengumpulan Data	Error! Bookmark not defined.
3.5.1	Populasi dan sampel.....	Error! Bookmark not defined.

3.5.2	Teknik pengumpulan data.....	Error! Bookmark not defined.
3.5.3	Pengukuran kadar CO pada ruangan tertutup	Error! Bookmark not defined.
3.5.4	Pengukuran Kadar COHb	Error! Bookmark not defined.
3.5	Prosedur Penelitian	Error! Bookmark not defined.
3.6	Analisis Data.	Error! Bookmark not defined.
BAB IV HASIL PENELITIAN		Error! Bookmark not defined.
4.1	Karakteristik Responden.....	Error! Bookmark not defined.
4.2	Hasil pengukuran kadar CO di dalam ruangan.	Error! Bookmark not defined.
4.3	Hasil pengukuran kadar COHb responden sebelum dan sesudah merokok pada ruangan tertutup.....	Error! Bookmark not defined.
4.4	Hubungan kadar COHb dengan karakteristik responden	Error! Bookmark not defined.
BAB V PEMBAHASAN.....		Error! Bookmark not defined.
5.1	Karakteristik Responden.....	Error! Bookmark not defined.
5.1.1	Umur	Error! Bookmark not defined.
5.1.2	Intensitas Merokok.....	Error! Bookmark not defined.
5.1.3	Status Gizi.....	Error! Bookmark not defined.
5.2	Pengaruh Tanaman (<i>Sansievera trifasciata laurantii</i> dan <i>Sansievera trifasciata</i>) terhadap kadar CO asap rokok.....	Error! Bookmark not defined.
5.3	Pengaruh Pengukuran Tanaman sanseviera trifascita dan sanseviera trifasciata laurantii terhadap kadar COHb pada perokok.....	Error! Bookmark not defined.
5.4	Hubungan kadar COHb dengan karakteristik responden	Error! Bookmark not defined.
BAB VI KESIMPULAN DAN SARAN		Error! Bookmark not defined.
6.1	Kesimpulan	Error! Bookmark not defined.
6.2	Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA		Error! Bookmark not defined.
LAMPIRAN.....		Error! Bookmark not defined.

DAFTAR GAMBAR

- Gambar 2. 1 Kandungan Zat Dalam Rokok.....**Error! Bookmark not defined.**
- Gambar 2. 2 Tanaman *Sansevieria trifasciata laurantii***Error! Bookmark not defined.**
- Gambar 2. 3 Tanaman *Sansevieria trifasciata*.....**Error! Bookmark not defined.**
- Gambar 3. 1 Kerangka Konseptual Penelitian**Error! Bookmark not defined.**
- Gambar 3. 2 Ruang observasi merokok.....**Error! Bookmark not defined.**
- Gambar 3. 3 Tata letak penempatan responden serta tanaman *Sansevieria trifasciata* dan
Sansevieria trifasciata laurantii didalam ruangan tertutup dengan perlakuan **Error!**
Bookmark not defined.
- Gambar 3. 4 CO Meter.....**Error! Bookmark not defined.**
- Gambar 3. 5 Prosedur Penelitian**Error! Bookmark not defined.**
- Gambar 4. 1 Kadar konsentrasi CO dalam ruangan dengan perlakuan**Error! Bookmark not
defined.**
- Gambar 4. 2 Kadar konsentrasi COHb dalam ruangan dengan perlakuan**Error! Bookmark not
defined.**

DAFTAR TABEL

- Tabel 2. 1 Klasifikasi IMT**Error! Bookmark not defined.**
- Tabel 2. 2 Klasifikasi Tumbuhan *Sansevieria trifasciata.laurantii* dan *Sansevieria trifasciata*
.....**Error! Bookmark not defined.**
- Tabel 2. 3 *State of The Art***Error! Bookmark not defined.**
- Tabel 3. 1 Waktu Pelaksanaan Penelitian**Error! Bookmark not defined.**
- Tabel 3. 2 Definisi Operasional Variabel.....**Error! Bookmark not defined.**
- Tabel 4. 1 Karakteristik Responden.....**Error! Bookmark not defined.**
- Tabel 4. 2 Rata-rata kadar CO sebelum dan sesudah merokok**Error! Bookmark not defined.**
- Tabel 4. 3 Rata-rata kadar COHb sebelum dan sesudah merokok**Error! Bookmark not defined.**
- Tabel 4. 4 Hubungan kadar COHb dengan karakteristik responden**Error! Bookmark not defined.**

DAFTAR LAMPIRAN

- Lampiran 1. Lembar Persetujuan Menjadi Responden **Error! Bookmark not defined.**
- Lampiran 2. Lembar Penjelasan Sebelum Menjadi Responden **Error! Bookmark not defined.**
- Lampiran 3. Lembar Persetujuan Menjadi Tim Peneliti **Error! Bookmark not defined.**
- Lampiran 4. Hasil Cek Plagiasi..... **Error! Bookmark not defined.**
- Lampiran 5. Surat Ijin Penelitian **Error! Bookmark not defined.**
- Lampiran 6. Pengukuran 16 Titik Kadar CO Asap rokok Dalam Ruangan Tertutup **Error! Bookmark not defined.**
- Lampiran 7. Pengambilan Kadar COhb Dalam Darah Responden Perokok **Error! Bookmark not defined.**
- Lampiran 8. Proses Pengenceran Amoniak **Error! Bookmark not defined.**
- Lampiran 9. Proses pengujian kadar COHb dalam darah responden perokok sebelum dan sesudah merokok setelah diberi perlakuan adanya tanaman sanseviera trifasciata lauranti dan sanseviera trifasciata. ... **Error! Bookmark not defined.**
- Lampiran 10. Surat Balasan Pengajuan Penelitian Dan penyewaan Gedung **Error! Bookmark not defined.**
- Lampiran 11. Output Hasil Uji Regresi Linear pada aplikasi SPSS **Error! Bookmark not defined.**
- Lampiran 12. Surat Legalitas dan Registrasi Bidan **Error! Bookmark not defined.**
- Lampiran 13. Bukti Summit Luaran. **Error! Bookmark not defined.**
- Lampiran 14. Catatan Bimbingan Akhir Skripsi ... **Error! Bookmark not defined.**
- Lampiran 15. Hasil Cek Plagiasi Jurnal..... **Error! Bookmark not defined.**