

## ABSTRACT

Lidia Fitri Ayu Lestari. 2023 "**The effect of outdoor learning methods on the independence of group A early childhood at RA Muslimat Islamiyah Wangun 2022/2023 Learning Year**". Skripsi. Lamongan Islamic University.

This research is entitled "The Effect of Outdoor Learning Methods on the Independence of Group A Early Childhood at RA Muslimat Islamiyah Wangun 2022/2023 Learning Year". Independence has an important role for children because by training children to be independent from an early age, children will not easily depend on others and can grow into children who have a strong soul and form a superior personality. It is known that the average child at RA Muslimat Islamiyah Wangun aged 4-5 years has a low level of independence. So we as teachers must use interesting ways to increase children's independence such as using the outdoor learning method because it is an educational tool for students to feel happy because learning is done outside the classroom which involves the surrounding natural environment as a means of presenting learning material directly. The purpose of this study was to determine whether there was a significant effect of the outdoor learning method on the independence of group A early childhood at RA Muslimat Islamiyah Wangun. This study uses a quantitative approach with the experimental method of one group pre-test post-test. The data analysis technique in this study used the **Paired sample test**. This research was conducted for 4 weeks, namely 1 week of pre-test, 2 weeks of implementing outdoor learning and 1 week of post-test. From the results of the study, the pre-test score was 148 scores and the post-test was 348 scores. Based on the  $T_{count} > T_{table}$ , it shows that there is a difference between the pre-test and post-test results where the post-test results are higher than the pre-test. And it is also proven through hypothesis testing through the **Paired sample test** using SPSS 26 which shows a Sig of 0.00 which is less than 0.05 so that  $H_0$  is rejected  $H_a$  is accepted.

**Keywords:** Outdoor Learning, Independence, Early Childhood

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Lidia Fitri Ayu Lestari. 2023 “Pengaruh metode *outdoor learning* terhadap kemandirian anak usia dini kelompok A di RA Muslimat Islamiyah Wangun Tahun Pembelajaran 2022/2023”. Skripsi. Universitas Islam Lamongan.

Penelitian ini berjudul “Pengaruh Metode *Outdoor Learning* Terhadap Kemandirian Anak Usia Dini Kelompok A Di RA Muslimat Islamiyah Wangun. Tahun Pembelajaran 2023”. Kemandirian mempunyai peranan penting bagi anak karena dengan melatih anak mandiri sejak dini, anak tidak akan mudah bergantung pada orang lain dan dapat tumbuh menjadi anak yang memiliki jiwa yang kuat serta membentuk kepribadian yang unggul. Diketahui bahwa rata-rata anak di RA Muslimat Islamiyah Wangun umur 4-5 Tahun tingkat kemandirianya masih rendah. Maka kita sebagai guru harus menggunakan cara menarik untuk meningkatkan kemandirian anak seperti menggunakan metode *outdoor learning* karena merupakan salah satu alat pendidikan untuk siswa merasa senang karena pembelajaran dilakukan diluar kelas yang melibatkan lingkungan alam sekitar sebagai sarana untuk menyajikan materi pembelajaran secara langsung. Tujuan penelitian ini untuk mengetahui apakah ada pengaruh yang signifikan metode *outdoor learning* terhadap kemandirian anak usia dini kelompok A di RA Muslimat Islamiyah Wangun. Penelitian ini menggunakan pendekatan Kuantitatif dengan metode eksperimen one group pre-test post-test. Teknik analisis data dalam penelitian ini menggunakan *Paired sampel test*. Penelitian ini selama 4 minggu yaitu 1 minggu pre-test, 2 minggu penerapan *outdoor learning* dan 1 minggu post-test. Dari hasil penelitian tersebut skor pre-test 148 skor dan post-test 348 skor. Berdasarkan nilai T hitung  $>$  T tabel menunjukkan adanya perbedaan antara hasil pre-test dan post-test dimana hasil post-test lebih tinggi daripada pre-test. Dan juga dibuktikan melalui uji hipotesis melalui uji *Paired sample test* menggunakan SPSS 26 yang menunjukkan Sig 0,00 dimana kurang dari 0,05 sehingga  $H_0$  ditolak  $H_a$  diterima.

**Kata Kunci :** *Outdoor Learning*, Kemandirian, Anak Usia Dini